

# CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT  
1108 Bissell Avenue, Richmond, CA 94801  
Call your W/C Coordinator/Contact Person at (510) 231-1166

## WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

UNLESS, prior to the injury, a Pre-Designated Personal Physical form is on record



## WC MEDICAL PANEL PROVIDERS FOR WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT:

**CONCENTRA OCCUPATIONAL  
MEDICINE ASSOCIATES**  
(Hilltop Occupational Medical Facility)  
2970 Hilltop Mall Road, Suite 101  
Richmond, CA 94806  
(510) 222-8000

**KAISER OAKLAND OCCUPATIONAL HEALTH**  
3701 Broadway, 5th floor  
Oakland CA 94611  
(510) 752-1244

**KAISER RICHMOND OCCUPATIONAL HEALTH**  
901 Nevin Avenue  
Richmond, CA 94801  
(510) 307-1560

**DOCTORS HOSPITAL SAN PABLO CAMPUS**  
(Emergencies or After Hours Only)  
2000 Vale Road  
San Pablo, CA 94806  
(510) 970-5000

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For additional information on work related injuries visit the Contra Costa County Schools Insurance Group website at [www.cccsig.org](http://www.cccsig.org) or contact the District WC Coordinator at the number above.

**CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP**  
550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137