

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

ORINDA UNION SCHOOL DISTRICT

8 Altarinda Road, Orinda, CA 94563

Call your W/C Coordinator/Contact Person at (925) 254-4901 ext. 112

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor **IMMEDIATELY!**

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

UNLESS, prior to the injury, a Pre-Designated Personal Physician form is on record with the Site/District office.



KAISER PARK SHADELANDS OCCUPATIONAL HEALTH

320 Lennon Lane, Lassen Bldg.
Walnut Creek, CA 94598
(925) 906-2060

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court 1981 N. Broadway, Suite 190
Concord, CA 94520 Walnut Creek, CA 94596
(925) 685-7744 (925) 932-7715

U.S. HEALTH WORKS

2850 Seventh Street, Suite 100
Berkeley, CA 94710
(510) 845-5170

JOHN MUIR MEDICAL CENTER

Emergencies or After Hours Only
1601 Ygnacio Valley Road
Walnut Creek, CA 94598
(925) 939-3000

KAISER MEDICAL CENTER

Emergencies or After 5:00 PM
1425 South Main Street
Walnut Creek, CA 94596
(925) 295-5100

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For additional information on work related injuries visit the Contra Costa County Schools Insurance Group website at www.cccsig.org or contact the District WC Coordinator at the number above.

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP
550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137