

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

ACALANES UNION HIGH SCHOOL DISTRICT

1212 Pleasant Hill Road, Lafayette, CA 94549

Call your W/C Coordinator/Contact Person at (925) 280-3900 x 6621

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

UNLESS, prior to the injury, a Pre-Designated Personal Physical form is on record



WC MEDICAL PANEL PROVIDERS FOR ACALANES UNION HIGH SCHOOL DISTRICT:

KAISER PARK SHADELANDS OCCUPATIONAL HEALTH

320 Lennon Lane, Lassen Building
Walnut Creek, CA 94598
(925) 906-2060

KAISER OCCUPATIONAL HEALTH – Until 5:00 PM

1425 S. Main Street
Walnut Creek, CA 94596
(925) 295-6466

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court 1981 N. Broadway, Suite 190
Concord, CA 94520 Walnut Creek, CA 94596
(925) 685-7744 (925) 932-7715

JOHN MUIR MEDICAL CENTER Emergencies or After Hours Only

1601 Ygnacio Valley Road
Walnut Creek, CA 94598
(925) 939-3000

KAISER MEDICAL CENTER Emergencies or After 5:00 PM

1425 S. Main Street
Walnut Creek, CA 94596
(925) 295-5100

Rev. DEC 09

For additional information on work related injuries visit the Contra Costa County Schools Insurance Group website at www.cccsig.org or contact the District WC Coordinator at the number above.

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

ANTIOCH UNIFIED SCHOOL DISTRICT

510 G Street, Antioch, CA 94509

Call your W/C Coordinator/Contact Person at (925) 776-2004

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

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WC MEDICAL PANEL PROVIDERS FOR ANTIOCH UNIFIED SCHOOL DISTRICT:

KAISER PERMANENTE—DEER VALLEY

4501 Sand Creek Road
Antioch, CA 94531
(925) 813-3770

MUIR/DIABLO OCCUPATIONAL MEDICINE

2400 Balfour Road, Suite 230
Brentwood, CA 94513
(925) 626-3801

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court
Concord, CA 94520
(925) 685-7744

JOHN MUIR URGENT CARE, BRENTWOOD

After Hours Only
2400 Balfour Road, Suite 120
Brentwood, CA 94513
(925) 308-8111

SUTTER DELTA MEDICAL CENTER

Emergencies or After Hours Only
3901 Lone Tree Way
Antioch, CA 94509
(925) 779-7200

Rev. Nov 09

For additional information on work related injuries visit the Contra Costa County Schools Insurance Group website at www.cccsig.org or contact the District WC Coordinator at the number above.

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP

550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

BRENTWOOD UNION SCHOOL DISTRICT

255 Guthrie Lane, Brentwood, CA 94513

Call your W/C Coordinator/Contact Person at (925) 513-6311

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor **IMMEDIATELY!**

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

UNLESS, prior to the injury, a Pre-Designated Personal Physical form is on record



WC MEDICAL PANEL PROVIDERS FOR BRENTWOOD UNION SCHOOL DISTRICT:

KAISER PERMANENTE—DEER VALLEY
4501 Sand Creek Road
Antioch, CA 94531
(925) 813-3770

MUIR/DIABLO OCCUPATIONAL MEDICINE
2231 Galaxy Court
Concord, CA 94520
(925) 685-7744

MUIR/DIABLO OCCUPATIONAL MEDICINE
2400 Balfour Road, Suite 230
Brentwood, CA 94513
(925) 626-3801

SUTTER DELTA MEDICAL CENTER
Emergencies or After Hours Only
3901 Lone Tree Way
Antioch, CA 94509
(925) 779-7200

JOHN MUIR URGENT CARE, BRENTWOOD
Emergencies or After Hours Only
2400 Balfour Road, Suite 120
Brentwood, CA 94513
(925) 308-8111

Rev. Nov 09

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP
550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

BYRON UNION SCHOOL DISTRICT

14401 Byron Highway, Byron, CA 94514

Call your W/C Coordinator/Contact Person at (925) 809-7502

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

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UNLESS, prior to the injury, a Pre-Designated Personal Physical form is on record



WC MEDICAL PANEL PROVIDERS FOR BYRON UNION SCHOOL DISTRICT:

KAISER PERMANENTE—DEER VALLEY

4501 Sand Creek Road, Antioch, CA 94531
(925) 813-3770

KAISER OCCUPATIONAL HEALTH CTR.—STOCKTON

7373 West Lane, 1st Floor, Stockton, CA 95210
(209) 476-3694

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court, Concord, CA 94520
(925) 685-7744

SUTTER HEALTH @ WORK DAMERON HOSPITAL

Occupational Health Services

525 West Acacia Street, Stockton, CA 95203
(209) 461-3187

MUIR/DIABLO OCCUPATIONAL MEDICINE

2400 Balfour Road, Suite 230, Brentwood, CA 94513
(925) 626-3801

SUTTER DELTA MEDICAL CENTER (Emergencies or After Hours Only)

3901 Lone Tree Way, Antioch, CA 94509
(925) 779-7200

SUTTER TRACY COMMUNITY HOSPITAL (Emergencies/After Hours Only)

1420 Tracy Blvd., Tracy, CA 95376
(209) 835-1500 (main # for hospital)

JOHN MUIR URGENT CARE, BRENTWOOD

(Emergencies/After Hours Only)

2400 Balfour Road, Suite 120, Brentwood CA 94513
(925) 308-8111

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP

550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

CANYON ELEMENTARY SCHOOL DISTRICT

P.O. Box 187, Canyon, CA 94516

Call your W/C Coordinator/Contact Person at (925) 376-4671

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

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WC MEDICAL PANEL PROVIDERS FOR CANYON ELEMENTARY SCHOOL DISTRICT:

KAISER OCCUPATIONAL HEALTH – Until 5:00 PM
1425 S. Main Street
Walnut Creek, CA 94596
(925) 295-6466

**KAISER PARK SHADELANDS
OCCUPATIONAL HEALTH**
320 Lennon Lane, Lassen Bldg.
Walnut Creek, CA 94598
(925) 906-2060

MUIR/DIABLO OCCUPATIONAL MEDICINE
1981 N. Broadway, Suite 190
Walnut Creek, CA 94596
(925) 932-7715

**JOHN MUIR MEDICAL CENTER
Emergencies or After Hours Only**
1601 Ygnacio Valley Road
Walnut Creek, CA 94598
(925) 939-3000

**KAISER MEDICAL CENTER
Emergencies or After 5:00 PM**
1425 S. Main Street
Walnut Creek, CA 94596
(925) 295-5100

Rev. DEC 2009

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP
550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

CONTRA COSTA COUNTY OFFICE OF EDUCATION
77 Santa Barbara Road, Pleasant Hill, CA 94523
Call your W/C Coordinator/Contact Person at (925) 942-5344

WHAT TO DO IF YOU ARE INJURED AT WORK:

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KAISER PARK SHADELANDS OCCUPATIONAL HEALTH

320 Lennon Lane, Lassen Bldg., Walnut Creek, CA 94598
(925) 906-2060

KAISER PERMANENTE – DEER VALLEY

4501 Sand Creek Road, Antioch, CA 94531 (925) 813-3770

KAISER MARTINEZ OCCUPATIONAL HEALTH

200 Muir Road, Hacienda Bldg., Martinez, CA 94553
(925) 313-0301

KAISER OAKLAND OCCUPATIONAL HEALTH

3701 Broadway, 5th floor, Oakland CA 94611 (510) 752-1244

KAISER RICHMOND OCCUPATIONAL HEALTH

901 Nevin, Richmond, CA 94801 (510) 307-1560

KAISER OCCUPATIONAL HEALTH – Until 5:00 PM

1425 S. Main Street
Walnut Creek, CA 94596 (925) 295-6466

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court Concord, CA 94520 (925) 685-7744	1981 N. Broadway, Suite 190 Walnut Creek, CA 94596 (925) 932-7715
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MUIR/DIABLO OCCUPATIONAL MEDICINE

2400 Balfour Road, Suite 230, Brentwood, CA 94513
(925) 626-3801

JOHN MUIR MEDICAL CENTER (Emergencies or After Hours Only)

1601 Ygnacio Valley Road, Walnut Creek, CA 94598
(925) 939-3000

DOCTORS HOSPITAL SAN PABLO CAMPUS (Emergencies or After Hours Only)

2000 Vale Road, San Pablo, CA 94806 (510) 970-5000

KAISER MEDICAL CENTER—Emergencies or After 5:00 PM

1425 S. Main Street
Walnut Creek, CA 94596 (925) 295-5100

JOHN MUIR URGENT CARE, BRENTWOOD (Emergencies or After Hours Only)

2400 Balfour Road, Suite 120
Brentwood, CA 94513 (925) 308-8111

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP
550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

CONTRA COSTA COMMUNITY COLLEGE DISTRICT

500 Court Street, Martinez, CA 94553

Call your W/C Coordinator/Contact Person at (925) 229-1000 ext. 1206

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KAISER PERMANENTE – DEER VALLEY

4501 Sand Creek Road, Antioch, CA 94531
(925) 813-3770

MUIR/DIABLO OCCUPATIONAL MEDICINE

2400 Balfour Road, Suite 230, Brentwood, CA 94513
(925) 626-3801

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court, Concord, CA 94520
(925) 685-7744

KAISER MARTINEZ OCCUPATIONAL HEALTH

200 Muir Road, Hacienda Bldg., Martinez, CA 94553
(925) 313-0301

KAISER RICHMOND OCCUPATIONAL HEALTH

901 Nevin Avenue, Richmond, CA 94801
(510) 307-1560

WELLWORKS-SAN RAMON REGIONAL MEDICAL CENTER-PREFERRED FACILITY

7777 Norris Canyon Road, San Ramon, CA 94583
(925) 275-8233 Emergency (925) 275-8280

KAISER PARK SHADELANDS OCCUPATIONAL HEALTH

320 Lennon Lane, Lassen Bldg., Walnut Creek, CA 94598
(925) 906-2060

KAISER OCCUPATIONAL HEALTH – Until 5:00 PM

1425 S. Main Street, Walnut Creek, CA 94596
(925) 295-6466

SUTTER DELTA MEDICAL CENTER (Emergencies or After Hours Only)

3901 Lone Tree Way, Antioch, CA 94509
(925) 779-7200

JOHN MUIR URGENT CARE, BRENTWOOD (Emergencies or After Hours Only)

2400 Balfour Road, Suite 120, Brentwood, CA 94513
(925) 308-8111

DOCTORS HOSPITAL SAN PABLO (Emergencies or After Hours Only)

2000 Vale Road, San Pablo, CA 94806
(510) 970-5000

SAN RAMON REGIONAL MEDICAL CENTER (Emergencies or After Hours Only)

6001 Norris Canyon Road, San Ramon, CA 94583
(925) 275-6158

KAISER MEDICAL CENTER (Emergencies or After 5:00 PM)

1425 S. Main Street, Walnut Creek, CA 94596
(925) 295-5100

Rev. Dec 09

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP

550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

JOHN SWETT UNIFIED SCHOOL DISTRICT

400 Parker Avenue, Rodeo, CA 94572

Call your W/C Coordinator/Contact Person at (510) 245-4300 ext. 4

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

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WC MEDICAL PANEL PROVIDERS FOR JOHN SWETT UNIFIED SCHOOL DISTRICT:

KAISER RICHMOND OCCUPATIONAL HEALTH

901 Nevin Avenue
Richmond, CA 94801
(510) 307-1560

KAISER MARTINEZ OCCUPATIONAL HEALTH

200 Muir Road, Hacienda Bldg.
Martinez, CA 94553
(925) 313-0301

DOCTORS HOSPITAL SAN PABLO CAMPUS (Emergencies or After Hours Only)

2000 Vale Road
San Pablo, CA 94806
(510) 970-5000

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court	1981 N. Broadway, Suite 190
Concord, CA 94520	Walnut Creek, CA 94596
(925) 685-7744	(925) 932-7715

KAISER PERMANENTE MEDICAL CENTER

800 Sereno Drive
Vallejo, CA 94589
(707) 651-1050

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP

550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

KNIGHTSEN SCHOOL DISTRICT

P.O. Box 265, Knightsen, CA 94548

Call your W/C Coordinator/Contact Person at (925) 625-0073

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

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WC MEDICAL PANEL PROVIDERS FOR KNIGHTSEN SCHOOL DISTRICT:

KAISER PERMANENTE— DEER VALLEY

4501 Sand Creek Road
Antioch, CA 94531
(925) 813-3770

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court
Concord, CA 94520
(925) 685-7744

MUIR/DIABLO OCCUPATIONAL MEDICINE

2400 Balfour Road, Suite 230
Brentwood, CA 94513
(925) 626-3801

SUTTER DELTA MEDICAL CENTER

Emergencies or After Hours Only
3901 Lone Tree Way
Antioch, CA 94509
(925) 779-7200

JOHN MUIR URGENT CARE, BRENTWOOD

Emergencies or After Hours Only
2400 Balfour Road, Suite 120
Brentwood CA 94513
(925) 308-8111

Rev. Nov 09

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP

550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

LAFAYETTE SCHOOL DISTRICT

P.O. Box 1029, Lafayette, CA 94549

Call your W/C Coordinator/Contact Person at (925) 284-7011

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

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KAISER PARK SHADELANDS OCCUPATIONAL HEALTH

320 Lennon Lane, Lassen Bldg.
Walnut Creek, CA 94598
(925) 906-2060

KAISER OCCUPATIONAL HEALTH – Until 5:00 PM

1425 S. Main Street
Walnut Creek, CA 94596
(925) 295-6466

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court 1981 N. Broadway, Suite 190
Concord, CA 94520 Walnut Creek, CA 94596
(925) 685-7744 (925) 932-7715

JOHN MUIR MEDICAL CENTER

Emergencies or After Hours Only

1601 Ygnacio Valley Road
Walnut Creek, CA 94598
(925) 939-3000

KAISER MEDICAL CENTER

Emergencies or After 5:00 PM

1425 South Main Street
Walnut Creek, CA 94596
(925) 295-5100

Rev. Dec 09

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP

550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

LIBERTY UNION HIGH SCHOOL DISTRICT

20 Oak Street, Brentwood, CA 94513-1370

Call your W/C Coordinator/Contact Person at (925) 634-2166 ext. 2022

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

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WC MEDICAL PANEL PROVIDERS FOR LIBERTY UNION HIGH SCHOOL DISTRICT:

KAISER PERMANENTE—DEER VALLEY

4501 Sand Creek Road
Antioch, CA 94531
(925) 813-3770

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court
Concord, CA 94520
(925) 685-7744

MUIR/DIABLO OCCUPATIONAL MEDICINE

2400 Balfour Road, Suite 230
Brentwood, CA 94513
(925) 626-3801

SUTTER DELTA MEDICAL CENTER

Emergencies or After Hours Only

3901 Lone Tree Way
Antioch, CA 94509
(925) 779-7200

JOHN MUIR URGENT CARE, BRENTWOOD

Emergencies or After Hours Only

2400 Balfour Road, Suite 120
Brentwood, CA 94513
(925) 308-8111

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP

550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

MARTINEZ UNIFIED SCHOOL DISTRICT

921 Susana Street, Martinez, CA 94553

Call your W/C Coordinator/Contact Person at (925) 335-5924

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

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KAISER MARTINEZ OCCUPATIONAL HEALTH

200 Muir Road, Hacienda Bldg.
Martinez, CA 94553
(925) 313-0301

KAISER PARK SHADELANDS OCCUPATIONAL HEALTH

320 Lennon Lane, Lassen Bldg.
Walnut Creek, CA 94598
(925) 906-2060

KAISER OCCUPATIONAL HEALTH – Until 5:00 PM

1425 S. Main Street
Walnut Creek, CA 94596
(925) 295-6466

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court 1981 N. Broadway, Suite 190
Concord, CA 94520 Walnut Creek, CA 94596
(925) 685-7744 (925) 932-7715

MT. DIABLO MEDICAL CENTER

Emergencies or After Hours Only

2540 East Street
Concord, CA 94520
(925) 682-8200

KAISER MEDICAL CENTER

Emergencies or After 5:00 PM

1425 South Main Street
Walnut Creek, CA 94596
(925) 295-5100

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

MORAGA SCHOOL DISTRICT

P.O. Box 158, Moraga, CA 94556

Call your W/C Coordinator/Contact Person at (925) 377-4102

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

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320 Lennon Lane, Lassen Bldg.
Walnut Creek, CA 94598
(925) 906-2060

KAISER OCCUPATIONAL HEALTH – Until 5:00 PM

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Walnut Creek, CA 94596
(925) 295-6466

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court 1981 N. Broadway, Suite 190
Concord, CA 94520 Walnut Creek, CA 94596
(925) 685-7744 (925) 932-7715

JOHN MUIR MEDICAL CENTER

Emergencies or After Hours Only

1601 Ygnacio Valley Road
Walnut Creek, CA 94598
(925) 939-3000

KAISER MEDICAL CENTER

Emergencies or After 5:00 PM

1425 S. Main Street
Walnut Creek, CA 94596
(925) 295-5100

Rev. Dec 2009

For additional information on work related injuries visit the Contra Costa County Schools Insurance Group website at www.cccsig.org or contact the District WC Coordinator at the number above.

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP

550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

OAKLEY UNION ELEMENTARY SCHOOL DISTRICT

P.O. Box 7, Oakley, CA 94561

Call your W/C Coordinator/Contact Person at (925) 625-5059

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

UNLESS, prior to the injury, a Pre-Designated Personal Physical form is on record



WC MEDICAL PANEL PROVIDERS FOR OAKLEY UNION ELEMENTARY SCHOOL DISTRICT:

KAISER PERMANENTE – DEER VALLEY

4501 Sand Creek Road
Antioch, CA 94531
(925) 813-3770

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court
Concord, CA 94520
(925) 685-7744

MUIR/DIABLO OCCUPATIONAL MEDICINE

2400 Balfour Road, Suite 230
Brentwood, CA 94513
(925) 626-3801

SUTTER DELTA MEDICAL CENTER

Emergencies or After Hours Only
3901 Lone Tree Way
Antioch, CA 94509
(925) 779-7200

JOHN MUIR URGENT CARE, BRENTWOOD

Emergencies or After Hours Only
2400 Balfour Road, Suite 120
Brentwood CA, 94513
(925) 308-8111

Rev. Nov 07

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

ORINDA UNION SCHOOL DISTRICT

8 Altarinda Road, Orinda, CA 94563

Call your W/C Coordinator/Contact Person at (925) 254-4901 ext. 112

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

UNLESS, prior to the injury, a Pre-Designated Personal Physical form is on record



KAISER PARK SHADELANDS OCCUPATIONAL HEALTH

320 Lennon Lane, Lassen Bldg.
Walnut Creek, CA 94598
(925) 906-2060

KAISER OCCUPATIONAL HEALTH – Until 5:00 PM
1425 S. Main Street
Walnut Creek, CA 94596
(925) 295-6466

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court 1981 N. Broadway, Suite 190
Concord, CA 94520 Walnut Creek, CA 94596
(925) 685-7744 (925) 932-7715

JOHN MUIR MEDICAL CENTER

Emergencies or After Hours Only
1601 Ygnacio Valley Road
Walnut Creek, CA 94598
(925) 939-3000

KAISER MEDICAL CENTER

Emergencies or After 5:00 PM
1425 South Main Street
Walnut Creek, CA 94596
(925) 295-5100

Rev. Dec 09

For additional information on work related injuries visit the Contra Costa County Schools Insurance Group website at www.cccsig.org or contact the District WC Coordinator at the number above.

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP
550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

PITTSBURG UNIFIED SCHOOL DISTRICT

2000 Railroad Avenue, Pittsburg, CA 94565

Call your W/C Coordinator/Contact Person at (925) 473-2333

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

UNLESS, prior to the injury, a Pre-Designated Personal Physical form is on record



WC MEDICAL PANEL PROVIDERS FOR PITTSBURG UNIFIED SCHOOL DISTRICT:

KAISER PERMANENTE — DEER VALLEY

4501 Sand Creek Road
Antioch, CA 94531
(925) 813-3770

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court
Concord, CA 94520
(925) 685-7744

MUIR/DIABLO OCCUPATIONAL MEDICINE

2400 Balfour Road, Suite 230
Brentwood, CA 94513
(925) 626-3801

SUTTER DELTA MEDICAL CENTER

Emergencies or After Hours Only
3901 Lone Tree Way
Antioch, CA 94509
(925) 779-7200

JOHN MUIR URGENT CARE, BRENTWOOD

Emergencies or After Hours Only
2400 Balfour Road, Suite 120
Brentwood, CA 94513
(925) 308-8111

Rev. Nov 09

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP

550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

SAN RAMON VALLEY UNIFIED SCHOOL DISTRICT
699 Old Orchard Drive, Danville, CA 94526-1058
Call your W/C Coordinator/Contact Person at (925) 552-2913

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor **IMMEDIATELY!**

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

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WC MEDICAL PANEL PROVIDERS FOR SAN RAMON VALLEY USD:

***WELLWORKS-SAN RAMON REGIONAL MEDICAL CENTER-PREFERRED FACILITY**

7777 Norris Canyon Road, San Ramon, CA 94583
(925) 275-8233 Emergency (925) 275-8280

SAN RAMON REGIONAL MEDICAL CENTER

Emergencies or After Hours Only

6001 Norris Canyon Road, San Ramon, CA 94583
(925) 275-6158

KAISER OCCUPATIONAL HEALTH – Until 5:00 PM

1425 S. Main Street, Walnut Creek, CA 94596
(925) 295-6466

KAISER PARK SHADELANDS OCCUPATIONAL HEALTH

320 Lennon Lane, Lassen Bldg., Walnut Creek, CA 94598
(925) 906-2060

KAISER PLEASANTON OCCUPATIONAL HEALTH

7601 Stoneridge Drive, N. Bldg., Pleasanton, CA 94588
(925) 847-5160

KAISER LIVERMORE OCCUPATIONAL HEALTH

3000 Las Positas Road, Livermore, CA 94551
(925) 243-4880

MUIR/DIABLO OCCUPATIONAL MEDICINE

2231 Galaxy Court 1981 N. Broadway, Suite
190
Concord, CA 94520 Walnut Creek, CA 94596
(925) 685-7744 (925) 932-7715

KAISER MEDICAL CENTER

Emergencies or After 5:00 PM

1425 S. Main Street, Walnut Creek, CA 94596
(925) 295-5100

Rev. Dec 09

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP
550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

WALNUT CREEK SCHOOL DISTRICT

960 Ygnacio Valley Road, Walnut Creek, CA 94596

Call your W/C Coordinator/Contact Person at (925) 944-6850 ext. 104

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

UNLESS, prior to the injury, a Pre-Designated Personal Physical form is on record



KAISER PARK SHADELANDS OCCUPATIONAL HEALTH

320 Lennon Lane, Lassen Bldg.
Walnut Creek, CA 94598
(925) 906-2060

KAISER OCCUPATIONAL HEALTH – Until 5:00 PM

1425 S. Main Street
Walnut Creek, CA 94596
(925) 295-6466

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Concord, CA 94520 Walnut Creek, CA 94596
(925) 685-7744 (925) 932-7715

JOHN MUIR MEDICAL CENTER

Emergencies or After Hours Only
1601 Ygnacio Valley Road
Walnut Creek, CA 94598
(925) 939-3000

KAISER MEDICAL CENTER

Emergencies or After 5:00 PM
1425 South Main Street
Walnut Creek, CA 94596
(925) 295-5100

Rev. Dec 09

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP

550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137

CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT
1108 Bissell Avenue, Richmond, CA 94801
Call your W/C Coordinator/Contact Person at (510) 231-1166

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

UNLESS, prior to the injury, a Pre-Designated Personal Physical form is on record



WC MEDICAL PANEL PROVIDERS FOR WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT:

**CONCENTRA OCCUPATIONAL
MEDICINE ASSOCIATES**
(Hilltop Occupational Medical Facility)
2970 Hilltop Mall Road, Suite 101
Richmond, CA 94806
(510) 222-8000

KAISER OAKLAND OCCUPATIONAL HEALTH
3701 Broadway, 5th floor
Oakland CA 94611
(510) 752-1244

KAISER RICHMOND OCCUPATIONAL HEALTH
901 Nevin Avenue
Richmond, CA 94801
(510) 307-1560

DOCTORS HOSPITAL SAN PABLO CAMPUS
(Emergencies or After Hours Only)
2000 Vale Road
San Pablo, CA 94806
(510) 970-5000

Rev. Nov 2009

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CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP
550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137