

# CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

## CONTRA COSTA COMMUNITY COLLEGE DISTRICT

500 Court Street, Martinez, CA 94553

Call your W/C Coordinator/Contact Person at (925) 229-1000 ext. 1206

### WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code CSIG. A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

UNLESS, prior to the injury, a Pre-Designated Personal Physical form is on record.



#### **KAISER PERMANENTE – DEER VALLEY**

4501 Sand Creek Road, Antioch, CA 94531  
(925) 813-3770

#### **MUIR/DIABLO OCCUPATIONAL MEDICINE**

2400 Balfour Road, Suite 230, Brentwood, CA 94513  
(925) 626-3801

#### **MUIR/DIABLO OCCUPATIONAL MEDICINE**

2231 Galaxy Court, Concord, CA 94520  
(925) 685-7744

#### **KAISER MARTINEZ OCCUPATIONAL HEALTH**

200 Muir Road, Hacienda Bldg., Martinez, CA 94553  
(925) 313-0301

#### **KAISER RICHMOND OCCUPATIONAL HEALTH**

901 Nevin Avenue, Richmond, CA 94801  
(510) 307-1560

#### **WELLWORKS-SAN RAMON REGIONAL MEDICAL CENTER-PREFERRED FACILITY**

6001 Norris Canyon Road, San Ramon, CA 94583  
(925) 275-8233                      Emergency (925) 275-8280

#### **KAISER PARK SHADELANDS OCCUPATIONAL HEALTH**

320 Lennon Lane, Lassen Bldg., Walnut Creek, CA 94598  
(925) 906-2060

#### **KAISER OCCUPATIONAL HEALTH – Until 5:00 PM**

1425 S. Main Street, Walnut Creek, CA 94596  
(925) 295-6466

#### **SUTTER DELTA MEDICAL CENTER (Emergencies or After Hours Only)**

3901 Lone Tree Way, Antioch, CA 94509  
(925) 779-7200

#### **JOHN MUIR URGENT CARE, BRENTWOOD (Emergencies or After Hours Only)**

2400 Balfour Road, Suite 120, Brentwood, CA 94513  
(925) 308-8111

#### **DOCTORS HOSPITAL SAN PABLO (Emergencies or After Hours Only)**

2000 Vale Road, San Pablo, CA 94806  
(510) 970-5000

#### **SAN RAMON REGIONAL MEDICAL CENTER (Emergencies or After Hours Only)**

6001 Norris Canyon Road, San Ramon, CA 94583  
(925) 275-6158

#### **KAISER MEDICAL CENTER (Emergencies or After 5:00 PM)**

1425 S. Main Street, Walnut Creek, CA 94596  
(925) 295-5100

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For additional information on work related injuries visit the Contra Costa County Schools Insurance Group website at [www.cccsig.org](http://www.cccsig.org) or contact the District WC Coordinator at the number above.

**CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP**  
550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137