

## Create a Safe & Caring School Environment

## Contra Costa County Schools Insurance Group Crisis Prevention Institute (CPI) Nonviolent Crisis Intervention Training



The principles and techniques taught in the Nonviolent Crisis Intervention program have proven effective in resolving potentially violent situations. By participating in this program, you will gain the confidence necessary to handle crisis situations with minimal anxiety and maximum security. The training will help you intervene more safely when behavior becomes dangerous. And, most importantly, it will not damage the professional bond you've worked so hard to establish with the individuals in your care.

### CCCSIG TRAININGS ARE:

- \* Conducted at CCCSIG unless specified as onsite
- \* Conducted by qualified trainers
- \* Customizable to each district and occupation
- \* Interactive and fun; variety of teaching tools used
- \* Updated annually

**Nonviolent Crisis Intervention Training** includes a combination of lecture and instructor-led group activities which provides opportunities for participants to discuss and practice key concepts while learning proven, practical skills to de-escalate disruptive or assaultive students. **Trainings are held at CCCSIG, 550 Ellinwood Way, Pleasant Hill, CA.**

**NEW:** Additional tools and concepts for verbal interventions and physical techniques for personal safety and control.

### Participants will be able to:

- \* Identify behaviors that could lead to a crisis
- \* Effectively respond to certain behaviors that will prevent the situation from escalating
- \* Use verbal and nonverbal techniques to defuse hostile behavior
- \* Resolve a crisis before it becomes violent

**Program cost:** No cost to member districts.

### Additional information:

- \* The CCCSIG Instructor is certified by The Crisis Prevention Institute
- \* A minimum of 10 attendees is required; maximum 20 per class
- \* CPI workbook and certification card provided to each participant
- \* We offer the full, six-hour (no control positions) or the full, eight-hour (with control positions) training; AND, the refresher, four-hour training. Employees who wish to take the refresher training must possess a current Nonviolent Crisis Intervention/CPI certification.

**Room & A/V Requirements:** A minimum of 1,500 square feet in order to have sufficient practice area for the personal safety and physical intervention exercises and a projector screen.

**Attire:** Comfortable clothes and flat, closed-toe, non-skid shoes.

### CCCSIG Training Dates:

**Full (8:30 AM—5:00 PM)**

**February 28, 2019**

**April 4, 2019**

**May 2, 2019**

**October 3, 2019**

**Refresher (8:30 AM—12:30 PM)**

**December 6, 2018**

**March 14, 2019**

**April 18, 2019**

**May 16, 2019**

**October 17, 2019**

**How to Register:** Email Heidi Flanagan at [hflanagan@cccsig.org](mailto:hflanagan@cccsig.org) and include each employee's first and last name, occupation, district and email address. The following automatic emails will be sent to each registrant:

- Registration confirmation email
- Two reminder emails (1-week and 1-day prior to training date)
- Completion email with attached certificate

District contacts who would like to view and run training completion/registration reports, please contact Denise Schreiner at

[dschreiner@cccsig.org](mailto:dschreiner@cccsig.org) or 1 (866) 922-2744 ext. 270.