

# Crisis Prevention

## Contra Costa County Schools Insurance Group CPI Non-Violent Crisis Intervention Training



The principles and techniques taught in the Nonviolent Crisis Intervention program have proven effective in resolving potentially violent situations. By participating in this program, you will gain the confidence necessary to handle crisis situations with minimal anxiety and maximum security. The training will help you intervene more safely when behavior becomes dangerous. And, most importantly, it will not damage the professional bond you've worked so hard to establish with the individuals in your care.

### CCCSIG TRAININGS ARE:

- \* Conducted onsite
- \* Conducted by qualified trainers
- \* Customizable to each district and occupation
- \* Interactive and fun; variety of teaching tools used
- \* Updated annually

### TO LEARN MORE:

Visit [www.cccsig.org](http://www.cccsig.org) or contact the Health & Safety Services Dept. at 1 (866) 922-2744!

### Length of program:

**CPI Non-Violent Crisis Intervention Training** is an eight-hour training that includes a combination of lecture and instructor-led group activities which provides opportunities for participants to discuss and practice key concepts.

### Participants will be able to:

- \* Identify behaviors that could lead to a crisis
- \* Effectively respond to certain behaviors that will prevent the situation from escalating
- \* Use verbal and nonverbal techniques to defuse hostile behavior
- \* Resolve a crisis before it becomes violent

### Program cost:

No cost to member districts (a \$399 value per attendee!)

### Additional information:

- \* The CCCSIG Instructors for this course are certified through the Crisis Prevention Institute
- \* A minimum of 10 attendees is required; maximum 20 per class
- \* Restraining techniques are covered in this course
- \* CPI workbook and certification card provided to each participant
- \* The full eight hours must be completed (no option for a shorter course); may choose either one eight-hour day or two four-hour days

### The following dates and times are trainings that will be held at CCCSIG in FY 10/11 (trainings can also be held on-site):

#### *Instructional Assistants:*

- \* October 28, 2010 ~ 8:30 AM—5:00 PM
- \* January 20, 2011 ~ 8:30 AM—5:00 PM
- \* May 5, 2011 ~ 8:30 AM—5:00 PM

#### *Administrators & Campus Supervisors:*

- \* November 3, 2010 ~ 8:30 AM—5:00 PM
- \* February 3, 2011 ~ 8:30 AM—5:00 PM
- \* May 12, 2011 ~ 8:30 AM—5:00 PM

