

Celebrate National Employee Health and Fitness Month

LIVE HEALTHIER.

From now until May 31, purchase a 24 Hour Fitness monthly payment membership and receive an **additional \$5 off the Contra Costa County School District corporate rate** – and a **FREE personal training session** after you join.

- **LEARN** the techniques and equipment you need to get the most out of your workouts from an experienced Personal Trainer
- **GET ACCESS** to free & innovative group exercise classes, variety of strength and cardio equipment and more!



EMBRACE A HEALTHIER LIFESTYLE. JOIN TODAY AND SAVE!

JOINING IS EASY

IN-CLUB:

- Visit your local 24 Hour Fitness or call **800.224.0240** for the club near you
- Bring in an employee ID, business card or current pay stub as proof of employment

OR ONLINE:

- Go to **24hourfitness.com/corporate** and enter your Corporate ID **100172**

You will need to provide your email address at the time of enrollment. A promo code for your FREE 50-minute Personal Training session will be sent via email within 14 days of enrolling. Offer for new members only, not valid on Family Add-On memberships.

Pay first and last months' dues per person. The current membership dues at the Contra Costa County School District are \$24.99-\$69.99 per month per person (Family Add-On rates may be lower). No long term contract required.